

# Life of Christ

## Jesus talks about attitudes      Matthew 5:1-12

### Younger Verse

My God will help with all your needs. Philippians 4:19

My God will meet all your needs according to His glorious riches in Christ Jesus.

### Lesson Goals

Share several attitudes that Jesus wants us to have  
Change our attitudes to be more like Jesus

### Welcome Time

Ask the kids what makes them happy. Most will probably mention "stuff" that makes them happy. Share that today we'll learn 8 things Jesus said would REALLY make us happy.

### Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

Many people heard about Jesus and wanted to listen to all that He had to say. They followed Him to a hillside where they sat down to hear Him talk.

Jesus explained 8 ways to REALLY be happy. Some people call these things the "Beatitudes" which is an old word that means "happy" or "blessed." Another way to remember it is that the beatitudes are the attitudes that we should be (be-attitudes).

Here are the 8 things Jesus said:

You are REALLY happy when you:

1. Want to learn more and more about God.
2. When you are sad, don't take revenge. Let God help you show others that you really care about them.
3. Don't show off or attract attention to yourself.
4. Do right, instead of wrong.
5. Show mercy and forgive others.
6. Stay pure in all your thoughts and actions.
7. Make peace with others.
8. Stand up for what you believe, even when people may laugh at you.

Teachers:  
Different versions list these attitudes with different wording. Help your kids understand what Jesus meant.

Jesus told the people many important things from God. What is one thing that you heard? (Wait for answers) He helped the people see that loving God means doing what He wants and not protecting ourselves or getting revenge. Look at Jesus. They arrested Him and beat Him up even though He did nothing wrong. They even killed Jesus. BUT that was not the end...Jesus rose from the grave and was alive again!

Why would Jesus do this? Jesus died and rose again so that we can go to Heaven one day if we believe and trust Jesus in our hearts. He did this for you and for me! Would you like to know more about how Jesus can come into your heart? We can talk about it during activity time.

### Learning Activities

“Be” creative in helping the kids learn some of the attitudes. Review them to help them remember them. There are two games to help the kids learn the attitudes they should have.

### Memory Verse Activities

Write the words of the verse on separate cards. Make two sets of cards. Jumble the words in both sets and place them in a stack on two tables. Now line the kids up in two relay lines. The kids will run to the table, choose the correct word to assemble the memory verse. (Ex: the first person will find the word “my,” the second person will find the word “God,” etc.)

### Prayer Time

Pray that each student will have the attitudes that Jesus taught. Ask God for help to keep doing right.

### Snack Time/CleanUp

Try to bring some type of “bee” snacks today. Even little jelly beans can be decorated to look like bees. (There is even a brand of cereal that has honey bee shapes in it.)

Planning for Feb 2nd  
Jesus talks about salt and light  
Matthew 5:13-16

Preschool Lesson  
For  
Jesus talks about attitudes

Sit down together in a circle to share the story today.

Many people loved to sit and listen to Jesus talk about God and how much He loved them. They would sit together like we are sitting together and listen to the wonderful things Jesus would say.

One day, Jesus shared some special news with His friends. He told them how to be happy and have good attitudes. The people listened and learned many things. Jesus told them that they would be happy if they kept learning more and more about God. He told them that God loved them very much and He cared about all their needs. Jesus told them to help others and always do the right thing.

He told the people that doing these things would make them really happy.

The people smiled and went home trying to follow God and do right.

God wants us to have good attitudes and be happy too. Let's ask God to help us love Him and love others. Let's ask Him to help us always do the right thing.

Sing this song to the tune of "This Old Man."

I love You. I love You.  
I love you, God. Yes, I do.  
I can pray and sing and talk to you.  
I love You, God. Yes, I do.

## Hands-on Activities For Jesus talks about attitudes

Bring balloons in three different colors. It may be best to blow them up beforehand and bring them in a closed trash bag. Tell the kids that the three balloon colors will mean three things from the story: one color will be for pure people, another color is for peaceful people, and the third color is for people who have good attitudes. Assign the kids to pick up certain color balloons. Place the balloons on the floor and let the kids pick up the certain color balloon. Talk about the three things: pure, peaceful and good attitudes. Share how Jesus wants us to have these attitudes. Challenge the kids to have these attitudes this week.

Play “Beatitude Bingo.”

There is a game to help learn the Beatitudes. Try it!

Make Balloon Bees. Bring the long balloons used for making animals. Tie to make a bee. Write on the balloon with a permanent marker an attitude to work on this week. Another idea is to get little round balloons and draw stripes and features on the balloon to symbolize a bee. (Note: you may want to pump up the balloons before class and put in a big trash bag.)

Let the kids draw smiley faces on paper plates. Talk about how to have good attitudes and help others instead of hurting them. Share how God will help with all our needs. Write one of the be-attitudes on the plate.

Try this object lesson. Bring paper, pencils and wipes. Ask the kids to write the word “Attitude” on the paper and color it in with pencil very darkly. Now ask the kids to rub their finger over the letters. The dark lead will come off on their fingers. Share how bad attitudes rub off on others. Explain that Jesus wants us to have pure, clean attitudes that are good and helpful to others. Challenge the group to practice good attitudes this week.