

Sunday Teacher's Lesson for Children

Life of Christ

Jesus eats with friends Luke 22:7-20

Younger Verse

Change your ways and be baptized. Acts 2:38a

Older Verse

Change your ways and be baptized, every one of you, in the name of Jesus Christ. Acts 2:38a

Welcome Time

Can you remember what you ate for lunch yesterday? What about last week? Most of us can't remember! Today, Jesus had a special supper with His friends. We still celebrate part of that supper as a way to remember how much Jesus loves us. Let's see what they had for supper.

Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

All day Jesus and His friends traveled along dusty, sandy streets to get to the town of Jerusalem. Many people were traveling there to celebrate a special holiday called Passover. (Passover celebrates when God's people were freed from slavery in Egypt long ago. God helped them escape by crossing the Red Sea.)

Jesus told Peter and John to go ahead into the town to get ready for the special celebration. Jesus explained that when they got into the city they would see a man carrying a water jar. Jesus asked Peter and John to follow him to his house. Then they said to the owner of the house, "The Teacher asks where the guest room is that He may eat the feast with His friends."

Jesus shared that the owner will show them an upstairs room that has everything they need.

Sure enough, Peter and John followed Jesus' instructions and it happened just as He said. The room was perfect. They prepared the meal and had it ready when Jesus and the others arrived.

The meal they prepared was different from anything we would eat for a holiday. They made special flat bread (like pita bread), bitter herbs, applesauce with nuts, and lamb as their meat.

After sunset, Jesus and His friends arrived. They sat on cushions as they ate and talked.

Lesson Goals

Tell how we can remember how much Jesus loves us (bread and juice)
See that prayer helps us do the right thing
Explain how Jesus gave His life for us



Jesus prayed and told them that the bread and juice they were eating was a reminder to them of what He would do for them. The bread was a picture of His body. Jesus asked them to eat the bread and remember how Jesus gave His body for us.

The juice was a reminder of His blood that would be poured out for everyone.

Jesus tried to help them see that soon He was going to be crucified on a cross. His friends did not understand.

The most important lesson from this story is the incredible love that Jesus had for us. He willingly died in our place. He took our place, so that we can go to Heaven and be with God if we trust Jesus and believe in Him. Would you like to do this? It's the best thing you could ever do!!

Learning Activities

Here is a list of activities. Use the one(s) that will help your children understand the lesson. Try food activities to show them how much Jesus loved us.

Memory Verse Activities

Play a form of musical chairs. Bring music to listen to. Share that when the music plays, kids must go in one direction. When it stops, they must make a U-turn and travel in the opposite direction. After playing and having fun, share how this verse talks about "changing" or making a U-turn and turning from the wrong things we do and start doing what Jesus would want us to do.

Prayer Time

Just as Jesus prayed, we must take time to pray. It's our way of talking to God and listening to what He wants to tell us.

Snack Time/CleanUp

Serve some fun snacks. Remind the kids of upcoming events and activities for Easter.

Planning for March 28th

Jesus prays
Luke 22:39-46

Preschool Lesson

Jesus eats with friends

All day Jesus and His friends traveled along dusty, sandy streets to get to the town of Jerusalem. Many people were traveling there to celebrate a special holiday called Passover.

After sunset, Jesus and His friends sat on cushions and ate supper. The meal they ate was different from anything we would eat for a holiday. They made special flat bread, bitter herbs, applesauce with nuts, and lamb meat.

Jesus told His friends that He loved them very much. He gave them bread to eat and thanked God for it. He told them that when they ate it, they would remember how much Jesus loved them. Then He gave them juice to drink. He thanked God and again told them that when they ate it, they would remember how much Jesus loved them.

Jesus prayed and talked to God. He knew that God loves us and cares for us. Jesus loves us too!

Try to sing this little song to the tune of "Mary had a little lamb."

Jesus is God's special Son,

Special Son, special Son.

Jesus is God's special Son.

He ate a special meal.

He served His friends bread and juice

bread and juice, bread and juice

He served His friends bread and juice

And shared some special news.



Hands-on Activities for Jesus eats

Bring a bag and fill it with objects from the lesson: towel, grapes (possibly imitation ones), crackers or matzo, little cup of applesauce, etc. Let each child take one item out of the bag. Let them share what it has to do with the lesson today.

Take time to bring pita bread and grape juice to share. Explain why this meal is so important for us to remember how much Jesus loved us. (Several years ago, one teacher even cooked lamb so that the kids could try it!!)

Preschoolers love to pretend. Let them pretend to cook Jesus' meal. As they bring "food" to you, pretend to eat it. Be sure to make eating noises.

Bring white paper plates and let the kids draw pictures of what Jesus' feast may have looked like.

Bring a "Happy Meal" sack to class. Replace the food with crackers and grape juice to eat. Share how Jesus had a "Happy Meal" with His friends to help them understand what Jesus was about to do for everyone. (idea courtesy of Group Publishing)

How do you remember someone? (Pictures, letters, things given, etc.) Bring an old picture of a friend and share how the picture helps us remember that person. Now share how Jesus asked us to "remember" Him by eating the bread and juice at special times. This "supper" helps us remember how Jesus took our punishment for us and made a way for us to get to Heaven if we believe. (idea from a web site)

To remind us of Jesus' sacrifice, bring zipper bags, red or dark grapes, and plastic forks. Put grapes (without stems) into a doubled zipper bag. Now use the fork and try to "squish" the grapes into juice. It takes a LOT of effort. Now ask them about their "sacrifice" to receive the juice. Most will share how it was a lot of work for just a tiny bit of juice. Now share how Jesus did a BIG sacrifice for us when He died on the cross. It was very painful. Be sure to also share how Jesus came back to life! (idea from a web site)