

## Sunday Teacher's Lesson for Children

# Life of Christ

## Don't worry

## Luke 12:22-34

### Younger Verse

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:22

### Older Verse

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. There is no law that says these things are wrong. Galatians 5:22

### Welcome Time

Have you ever been really worried about something? Most of us have stories about how we worried and worried about something. Let's see what Jesus says about worrying.

### Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

People loved crowding around Jesus and listening to Him talk about things. He had a way of sharing that kept people glued to every word He said. Jesus was never boring, that's for sure! He shared many things with the people and helped them see how God wants them to be.

As He was talking, He helped his friends see that they did not need to worry about anything. He told them not to worry about what they ate, what they wore or about their body.

Then, He looked in the sky and pointed to a raven. That's a black bird, like a crow. He told His friends to think about the ravens. He reminded them of how God provided them with food and shelter because He loves them. He helped them see that God loves people even more than the birds.

Jesus told them that worrying about something does not add any more time or hours to the day. So, He shared that there is no reason to worry.

Jesus pointed to the beautiful Lilly flowers. He shared how fragrant and pretty they were. He explained that they were taken care of by God. He even goes on to say that these flowers are more lovely than the clothes of the richest king in the whole world, King Solomon.

He shared how these little flowers are amazing one day and gone the next. He explains how God, who took care of them, will even take care of us—even MORE! So, we have no need to worry.

### Lesson Goals

Share what we should do instead of worrying—pray  
Tell what it means to have treasure in Heaven

Then, Jesus tells His friends something VERY important to remember. He tells them to seek God first and all other things will be given to them. That means a person should search or look for God first and God will work out all the other details of their life.

Again, Jesus tells His friends not to be afraid and God will be with them. He shares that God should be their treasure, not material things (like play stations or scooters).

Jesus showed us the example of what it is like to follow God and obey. God had an important assignment for Jesus, and He obeyed. Jesus did something for us that made a way for us to get to Heaven. Jesus died on a cross for all our sin. He did this so that there would be a way for us to get rid of all our sin and go to Heaven one day. If we ask Jesus to forgive all our sin and tell Him that we believe in Him, He will come into our life and clean us of all our wrongs. Jesus will help us live for God and obey Him. He promises He will be with us forever and take us to Heaven one day. Would you like to have Jesus in your life? It's the best thing in the whole world. Talk to us about it anytime.

**Learning Activities**

Talk about the lesson together and share how Jesus can help us get past our worries.

**Memory Verse Activities**

Cut out little paper patterns of fruit and write the fruit of the Spirit on them. Sing the fun song and help the kids remember this verse.

**Prayer Time**

Ask God to help us with our worries. Thank Him for loving us and caring for us.

**Snack Time/CleanUp**

Share snacks together. Choose quiet and attentive people to help pass out snacks.

Planning for August 22nd  
The story of the mustard seed and yeast  
Luke 13:18-21

Preschool Lesson  
For  
Don't Worry

Crowds and crowds of people loved to listen to Jesus. He talked about how much God loved them and how they should live.

One day, Jesus was talking to His friends about how they should live. He told them not to worry about things. Many grown ups worry about stuff. That means they think and think about things that are bothering them. Most of the time it is because they are afraid of something that might happen.

Jesus told people that they should not worry. He pointed to a big black bird in the sky. He shared how God gives the birds food to eat and places to live. Jesus shared how God will take care of us even more.

Then, Jesus showed His friends a beautiful Lilly flower. He told His friends that it is one of the most wonderful flowers around, and God took care of it. He helped His friends see that God cared for them **EVEN MORE** and helped with all their needs.

Jesus did not want His friends to worry. Instead, He wanted them to talk to God about their problems and ask Him for help. Jesus said that God will take care of **ALL** their needs.

Jesus helped His friends see that God should be their treasure above everything else!

Let's pray and thank God for taking care of us.

Sing, "God is so good."

Hands-on Activities  
For  
Don't Worry

Make paper Lilly flowers. Talk about how much more important we are to God and how God will help us with our problems.

Create a treasure box. Decorate little boxes with paint, glitter, sparkles etc. Share how God should be the thing that we treasure instead of "stuff."

Many people worry about stuff. When you think about it, just as Jesus said, worrying does not add more time to your day or even help the situation. Talk about different things that you worry about (first day of school jitters, tests, things at home, friends etc.) Share several verses from the Bible about how we can give our worries to God. (1 Peter 5:7, Phil. 4:6-7 etc.)

Play "Hide and seek." Share how the Bible says that we should "seek" God first. Ask the kids what it means to "seek." Ask them to think of ways that they can "seek" after God first.

Make us a treasure map for the kids to do. The end "treasure" could be a Bible verse about trusting God or giving God your worries.

Make a birdfeeder or coat a pinecone with peanut butter, gravel, and birdseed. Talk about how God cares for the birds and He will care for us!