

# Old Testament

## Abraham follows God Genesis 12:1-9; 15:5

Younger Memory Verse

I have hidden Your Word in my heart that I might not sin against You. Psalm 119:11

Older Memory Verse

I have hidden Your Word in my heart that I might not sin against You. Psalm 119:11

Teachers: This new unit is designed to help your children understand some of the stories in the Old Testament. Each lesson will have both Old Testament and New Testament passages.

PLEASE remember to always include the New Testament verses—this helps each child see how God's ultimate plan was fulfilled in Christ!

Welcome Time

Have you ever tried to go somewhere but got lost because you weren't sure of the way? Let's see what happens to Abraham today.

Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

Be sure that the kids know you are **NOT** talking about Abraham Lincoln.

Abraham was a man who loved God. He and his family lived in the town of Haran. Back then, people lived with their families. Everyone lived close together and cared for each other.

One day, God told Abraham to do an unusual thing. God asked Abraham to leave his family and friends to travel to a new place. God told Abraham that He would make his people a great nation. God told Abraham that He would bless him and he would have many children.

Abraham listened to God and obeyed Him. Abraham was 75 years old when God told him to move.

Abraham took his wife, Sarah, his nephew named Lot, and all his possessions and traveled where God led them.

Abraham was not even sure where God was leading him, but he followed and obeyed God. Abraham knew that God would protect them and bless them. He knew that God would keep His promises.

Abraham traveled through the land to a place where some of their enemies lived. God spoke to him and told him, "I will give you and your children this land."

Lesson Goals

**See how Abraham obeyed God**  
**Understand how God keeps His promises**

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Abraham believed God and built an altar in that spot to remind him of God's promise and that God appeared to him.

As Abraham was traveling, he and his family lived in tents. So every time they moved, they had to take down their tents, roll them up, and travel. It must have taken lots of patience to travel especially with so much stuff to carry!

Abraham was faithful to God and followed God. Life was not easy for his family because they were in a strange place away from their family. They knew that God promised to bless them and care for them, so they followed Him with all their hearts.

One night later, God again showed Abraham that he would have many children. He showed Abraham the night sky and asked him to count the stars. Of course, there were too many to count. God told Abraham that in the same way he would have more children than all these stars. Remember, Abraham was over 75 years old and had no children. He had to believe that God had a plan and was able to help them have children even in their old age.

Abraham trusted God and believed in Him. God helped him travel to another country even though Abraham was not sure where he was going. Do you believe in God and trust Him? Would you follow God even though you were not sure where you would go?

God gave us a promise also. He promised us that He would make a way for us to get to Heaven one day. He did! God sent us His Son, Jesus, to make a way for us to get to Heaven. Jesus died and came back to life 3 days later. If you believe in Him and ask Him to come into your life, God will clear away all your wrongs and make a way for you to go to Heaven. If you would like to know more about Heaven, talk to me during activity time.

**Learning Activities**

Try some of the activities to help the kids experience the lesson.

**Memory Verse Activities**

We are trying to help the kids REALLY learn the verses. This is the second week for Psalm 119:11. Help the kids to learn the verse and remember it in their hearts.

**Prayer Time**

Thank God that He listens to our prayers. Ask Him to help us follow Him like Abraham did.

**Snack Time/CleanUp**

Enjoy trail mix to remind the kids of traveling like Abraham did.

Planning for February 15th  
Abraham and Lot separate  
Genesis 13:1-18

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Preschool Lesson  
For  
Abraham follows God

Teachers: bring a little tent or drape cloth over the table and let the kids sit inside. Bring a sleeping bag too.

One day God talked to a man named Abraham. He loved God and listened to Him. (Let the kids put their hand behind their ears) God told Abraham to move away from his family and friends. Abraham loved God and listened to Him. God also told Abraham that He would have lots of children and be a great people. He told Abraham that He would bless him.

Abraham obeyed God and traveled where God told him to go. (Wave goodbye) Abraham took his wife Sarah, his nephew Lot, and all his stuff and traveled.

Abraham and his family lived in tents. So, every time God told them to move, they had to roll up their tents and travel. (Roll up the sleeping bag) It was lots of work, but they obeyed God and did what He said.

God kept His promise and helped Abraham.

We need to love God and obey Him.

Thank God for loving us and always keeping His promises.

Try this song to the tune of “Hi Ho Cherry-o”

Abram followed God, Abram followed God  
He traveled here and there.  
Abram followed God.

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Hands-On Activities  
For  
Abraham follows God

Play a game of “Follow the Leader” with your kids and talk about how Abraham followed God.

Make a map to follow. Maybe have a prize that marks the spot!

Blindfold half the kids and let the other half lead them around. Remind them that they will switch places in a couple of minutes. Talk about how it felt to be led and not know where you are going. Talk about how Abraham and Sarah must have felt, following God and not knowing where they were going.

Abraham listened to God. Talk to the kids about how they can listen to God.

Abraham and his family lived in tents. Let the kids help you set up a tent to retell the story. If you don't have a tent, use sheets and drape over a table.

Create a tent snack with graham crackers. Prop two long rectangle graham crackers together to look like a tent. Use frosting to hold them together. Enjoy!

Make S'mores. Bring graham crackers, chocolate, marshmallows and wax paper. The kids will love them cold or zapped in the microwave.

God showed Abraham the stars at night. Fold different shaped stars and hang up in the room. Some Dollar Stores have “Glow in the Dark” stars that the kids would love!

Make stars out of glue on black construction paper. Sprinkle with salt or sugar to glisten. Write the verse on the paper with a white crayon.

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