

Old Testament Lessons

Adam & Eve

Genesis 2-3

Younger Memory Verse God showed His love...He sent His one and only Son. 1 John 4:9

Older Memory Verse This is how God showed His love among us: He sent His one and only Son into the world that we might live through Him. 1 John 4:9

Teachers: This new unit is designed to help your children understand some of the stories in the Old Testament. Each lesson will have both Old Testament and New Testament passages.

PLEASE remember to always include the New Testament verses—this helps each child see how God’s ultimate plan was fulfilled in Christ!

Welcome Time

Try an interesting experiment. Leave an unguarded plate of treats in the room. Place a sign by it that reads “Please do not take.” While you are gone gathering kids, there will be an opportunity for the kids to “sneak” a snack. As you arrive back at the location, see if anyone helped themselves to a treat. Instead of accusing, explain that we will learn about someone who did the same thing.

Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

Last week we learned how God made the world. Today we will learn more about the two people that God made.

God took dust and made a man. Then He breathed life into him. God called him Adam. The Lord put Adam in His beautiful garden to care for it. He told him that he could eat any fruit except from the tree of understanding good and bad.

Next God formed all kinds of animals, but none was right for Adam. So, he caused Adam to fall into a deep sleep. He removed one of Adam’s ribs and created a woman. She was named Eve.

Now, one of the animals that God made was a snake. It was very tricky and sneaky. One day, the snake spoke to the woman. He said, “Did God really say that you must not eat fruit from any tree in the garden?”

Eve told the snake that they could eat from all except the tree of understanding good and bad. She told him that they could not even touch it or they would die (notice that this was not what God said).

Lesson Goals: Understand that God made us
Tell what sin means
See how Jesus is our only way to Heaven

But the snake said to Eve, “You will not die. God knows that if you eat that fruit, you will be like God—that’s why He doesn’t want you to eat it.”

Eve looked at the fruit—it was beautiful. She picked the fruit and ate it. Then she gave some to Adam.

Suddenly they looked down and realized that they were naked! They quickly sewed leaves together and made clothes for themselves.

Then they heard God and hid from Him. The Lord said, “Where are you?”

The man answered, “I heard you and I was afraid because I was naked.”

God asked Adam how he knew this. Adam confessed that he and Eve ate the fruit that they were not supposed to eat. They tried to make excuses saying, “The snake tricked us.” Have you ever blamed someone else when you thought you were in trouble? Have you ever tried to hide so that you wouldn’t get caught for something you did? If you have, you did just what Adam and Eve did! Let’s see what God does.

God explained to them that they made the decision to eat the fruit—they disobeyed God. He loved them but He had to punish them for what they had done.

God forced them out of the garden and caused their life to be hard. However, He still loved them and cared for them.

Adam and Eve sinned—that means that they did something wrong. They purposely disobeyed God.

We have all done wrong too. That separates us from God. The good news is that God loves us so much that He thought of a plan to help us (save us). He sent His only Son to live on earth. Jesus lived a perfect life. He was put on a cross and died. He died in our place. He died for all the wrong things that WE have done. Instead of us dying for our wrong things, He did it for us. The best thing is that Jesus came back to life 3 days later! Because He is alive, we can have life forever with Him—if we believe.

We must honestly trust Jesus and believe that He died and rose again so that we can have real life. If you want to talk about how you do this, please talk to us.

Learning Activities

Use the activities that will help your kids learn the lesson.

Memory Verse Activities

Ask the kids what it means to be on a punishment. Ask them if what God did was fair. Ask them questions about what sin is, is death a fair punishment for sin, what do they think about what God did—sending His Son Jesus.

Prayer Time

Pray facing outward. Pray specifically for kids that did not come today. Make invitations for them to come to Bible study next week. Maybe take leftover papers to their house so that they will know what the story was.

Snack Time/CleanUp

Hey, it would be fun to have apples or applesauce today! (or maybe Gummy worms for a snake!)

Planning for Lesson 3

Cain and Abel

Genesis 4:1-16

Preschool Lesson
For
Adam and Eve

Teachers: Bring a sock puppet for a snake (or a rubber snake) and an apple. Bring other props that can make the lesson come alive!

When God made the whole world, He made the first person too. His name was Adam. God loved Adam and made him in charge of naming all the animals.

What are some animals that you know? (Let the kids name animals and make sounds like the animals—roosters, elephants, lions, bears, etc.)

God saw that Adam needed someone like him to be his friend. So, he made a woman and her name was Eve.

God made a beautiful garden that Adam and Eve lived in. There were beautiful flowers and animals everywhere. They could eat any fruit from any tree, except for a special tree. God told them that they were not allowed to eat the fruit from one special tree in the garden.

One day a snake hissed by Eve. (Use your prop). (Make a hissing sound)

He was trying to trick Eve. He told Eve that she should eat the fruit from the special tree because she would be like God.

Eve looked at the fruit, picked it, and ate it! (Take a bite of the apple) It tasted good! Then, she gave some of the fruit to Adam.

Suddenly, they knew God was near and they were scared. They hid in the bushes because they knew that they had disobeyed God.

God called for them and asked them why they were in the bushes.

Adam and Eve told God what they had done.

God was very sad that they disobeyed Him. He still loved them but knew that He had to punish them for disobeying Him.

God asked them to leave the beautiful garden. He told them that He would still take care of them, but life would be hard because they chose to disobey.

Adam and Eve loved God. They learned a lesson from their mistakes. They listened and obeyed God after that.

We need to listen and obey God too. We must also listen and obey our parents.

Pray and ask God to help us obey this week.

Hands-On Activities For Adam and Eve

Let the kids take an imaginary journey back to the Garden of Eden. Decorate the room to look like a jungle. Bring a silk tree (ficus tree) or other props to help the room come alive! You may want to have jungle noises in the background. Another idea is to have the teens help you set up the room for the kids so they can participate and have fun.

Bring everyone an apple and at the appropriate time, everyone can take a big bite!

Make an art project and create the garden and/or Adam and Eve.

Try telling the story again using the paper folding/cutting enclosed. The kids will be intrigued as you cut the paper.

Talk about how hard/easy it is to obey. Talk about consequences in school, at home, with God, when we disobey. Share some experiences from your past (it helps the kids know that you can relate and understand what they are going through.)

There are some little apple balloons that you can make for the lesson. See Debbie Murray for the details.

What would have been a better thing for Adam and Eve to have done in the garden? How will you handle the next situation when you are tempted to do something wrong? You can plan NOW what you will do! Give scenarios and let them practice their plan.