

Old Testament

10 Commandments

Exodus 19—20:17

Younger Memory Verse Guide me in Your Truth and teach me. Psalm 25:5

Older Memory Verse Guide me in Your Truth and teach me, for You are God my Savior and my hope is in You all day long. Psalm 25:5

Teachers: This new unit is designed to help your children understand some of the stories in the Old Testament. Each lesson will have both Old Testament and New Testament passages.

PLEASE remember to always include the New Testament verses—this helps each child see how God’s ultimate plan was fulfilled in Christ!

Welcome Time

Play “Simon Says.” Explain that we will learn some things that God asks us to do today. Challenge the kids to learn all 10 rules or commands. (You may want to repeat each one in succession to help them learn them.)

Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

Teachers: Go over each commandment and make sure the kids know what it means. Ask lots of questions.

We have seen so many exciting things happen to God’s people. God rescued them from slavery. Then, He opened the Red Sea so that they could escape from the king’s soldiers.

Now, the people are in the desert. God gave them a special food to eat called manna. It was like honey bread. God knew that the people needed special rules to help them respect each other and respect God.

One day, God called Moses to come up to a mountain. A great cloud of smoke billowed around the mountain. God asked the people to stay at the bottom of the mountain while Moses climbed up to talk to God. God spoke to Moses up there. He told Moses 10 things that were important. God even wrote them down on two big stone tablets. These were the 10 things that God said:

1. God must be your only God.
2. You will have no idols.
3. You will not say God’s name in vain.
4. You will keep Sunday holy.
5. You must honor your parents.
6. You will not murder.

Lesson Goals

Say the 10 commandments
Know why God gave us these commandments
Respect our parents this week

7. You will not commit adultery.
8. You will not steal.
9. You will not lie.
10. You will not wish you had other people's things.

God's people tried to keep all the commandments (rules) but even the best people made mistakes. God had a plan. He knew that because people do wrong, there was only one way for them to get to Heaven. It was through His Son, Jesus. Jesus died for all the bad and wrong things we have done. He died in our place for our sins. He came back to life three days later! This shows that God is powerful and He can help us get to Heaven. We must believe in Jesus and ask Him to come into our hearts. (Tell the kids that you can answer more questions if they want to talk to you.)

What can we learn from this lesson? God wants us to do right things and live good lives. He has set up rules to help us. In the New Testament, Jesus tells us that God gave us a new commandment—to love others like we love ourselves. Let's try to love others this week as well as try to keep all of the commandments.

Learning Activities

There are lots of activity sheets to help the kids remember the 10 commandments. You may want to write the commandments on big butcher paper to help the kids remember them.

Memory Verse Activities

Today's verse helps us see how important it is to get our rules and instructions from God. Today's lesson gives us 10 important rules to follow. Help the kids learn the verse and learn the 10 commandments.

Prayer Time

Pray for each of the kids to keep the commandments AND love each other this week. Pray that they can respect their parents and love them.

Snack Time/CleanUp

Snack on some commandment cracker (graham crackers) or another fun treat. Please let the kids help clean up. Teach them the importance of respecting others and cleaning up the church.

Planning for Lesson 29
The Golden Calf
Exodus 32:1-35

Preschool Lesson
For
The Ten Commandments

Teachers: Some of the commandments will be hard for the small kids to understand. Help them to understand the basics of loving God and loving others.

We have been learning many things about God's people. Moses' was God's friend. He helped the people follow God.

One day while they were in the hot desert, God told Moses to climb up a special mountain. Moses climbed and climbed the mountain. (Make climbing motions)

When he got to the top, He saw lots of smoke. God spoke to Moses through the smoke clouds.

God told Moses 10 important rules that the people should follow. Let's count to 10. Now, let's see what the 10 important rules were.

The first 4 rules told the people to love God more than anything else. They also told the people not to use God's name in a bad way. It also helped the people see how important it was to go to church and worship God.

The next 6 rules were things to help people love others. God told us to respect our parents, tell the truth, be honest and not steal and not wish for things that other people had.

All these rules are important because they help us love God and love others.

Let's take time to thank God for loving us and ask Him to help us love others.

Sing "One little, two little, three little commandments etc." to the tune of "One little, two little, three little Indians."

Hands-On Activities
For
The Ten Commandments

Play The Ten Commandment Tenpin Bowling game.

Make edible commandment tablets. Mix 1/2 cup Brown sugar, 1/2 cup peanut butter and 1 tablespoon of granola. Shape into tablets. Write a commandment on the tablet using a toothpick (or you can just make pretend lettering.) Enjoy!

Using a permanent marker, write a commandment on a rock or piece of tile.

Use hand motions to act out the ten commandments. You may want to play a game of charades to guess what commandment is being acted out.

Cut bread into a shape of a tablet and spread with butter or jam. Enjoy!

Make a ten page booklet of the ten commandments.
