

Old Testament

David meets Abigail

1 Samuel 25

Younger Verse

Give me life through your word. Psalm 119:37

Older Verse

Turn my eyes from worthless things, and give me life through your word. Psalm 119:37



Teachers: This new unit is designed to help your children understand some of the stories in the Old Testament. Each lesson will have both Old Testament and New Testament passages.

PLEASE remember always to include the New Testament verses—this helps each child see how God's ultimate plan was fulfilled in Christ!

Welcome Time

Have you ever said something that you wish you had not said? It happens to everyone. Let's see how a bad situation turns out good in this lesson.

Bible Story

*Please note: This portion of the lesson is given to help in teaching the lesson. Please read through the story and read it in the Bible. Do **NOT** read from this piece of paper. Instead, make a note sheet and place it next to the story in the Bible.*

David and his men camped in the desert waiting for God's timing for David to be king. His men protected the land from thieves and wild animals. The land was owned by a rich man named Nabal. He owned many sheep and goats. David's men made sure that the flock was protected.

David and his men soon ate most of their food. They knew that Nabal's men were nearby, so David sent 10 men to ask Nabal for food.

Nabal's men told him the message. Instead of being friendly and kind, Nabal was rude. He insulted the men and acted like he did not know who David was! He told them that he would never give them food.

David's men reported the words back to David. David was so upset that he prepared his army to go down to Nabal's home with swords in hand.

Nabal had a beautiful wife named Abigail. One of the messengers told her what happened. She was wise and knew that Nabal's actions would cause much trouble.

Abigail raced into action. She had her servants bring bread, juice, meat, grain, raisins and figs to David's army. She followed them, but did not tell Nabal.

When she met David, she bowed down to him and asked his forgiveness for what Nabal had done. She apologized for Nabal's behavior and wickedness.

David's anger melted into joy. He praised Abigail for her kindness and her hospitality.

Lesson Goals

Explain how kindness can help in hard situations
Tell how God was kind to us

He also blessed her for her wisdom and good judgment. David accepted her food and forgave the rudeness.

When Abigail returned home, Nabal was having a banquet. There were all kinds of rich food on the tables. Nabal did other things that were not right. He served wine and got drunk.

Abigail saw what was happening and waited until morning to tell Nabal what she had done to help David. When Nabal heard the news, he had a heart attack!

Nabal lay still for 10 days and finally died.

When David heard that Nabal had died, he asked Abigail to be his wife. Abigail quickly traveled to David and became his wife.

Abigail was kind to David and replaced the rudeness with love. She was wise and knew the right thing to do to help others instead of hurting them. In our lives, we must be kind to others and help them with needs that they have.

God was kind to us too. When we did wrong and hurt Him, He forgave us and made a way to clean all the wrong from our lives. How? God sent His only Son, Jesus, to make a way for us to get to Heaven one day. Jesus died on a cross to pay the price for all the wrongs that we have done. He will clean out our hearts and replace the wrongs with right when we ask Him to come into our hearts. Jesus will help us do right and take us to Heaven one day. Would you like to have a clean heart? Talk to us about it today.

Learning Activities

Try activities to teach the kids how to be kind to others and be forgiving of others.

Memory Verse Activities

Use different signs or motions to act out the verse. It can be a great way to help the kids remember the verse.

Prayer Time

Ask God to help us be kind and forgiving to others this week.

Snack Time/CleanUp

Munch on snacks together and look for teachable moments to reinforce the importance of kindness.

Preschool Lesson
For
David meets Abigail

David and his men were camping in the desert. They protected the people and guarded their sheep and goats from harm.

Soon there was not much food for everyone. Many of the men had tummies that were rumbling. They were hungry!

David knew that there was a very rich man named Nabal nearby that could help them with food. They had protected his sheep and goats from being hurt, so he was sure that he would give them delicious food to eat. David sent 10 men to ask for help. (Count to ten with the kids—even if they are young it is good for them to begin to learn how to count.)

When Nabal heard the message, he told the men that he would NOT give them food. The men could not believe their ears. He was being mean to them after they had helped him.

As David's men traveled back to tell David the awful news, Abigail heard what happened. Abigail was Nabal's wife. She was kind and good. When she heard the news, she gathered many delicious foods and traveled to David and his men.

Abigail brought bread, juice, meat, grain, raisins, and figs to the men. She knew that they had helped her family and she wanted to thank them.

When she met David, she bowed down and asked him to forgive her husband for his awful behavior. She was so sorry for treating them so badly.

David saw that Abigail was kind and he forgave her. He thanked God for her kindness and friendliness. David knew that she loved God and cared for others.

Later, after Nabal died, David asked Abigail to be his wife. Abigail quickly traveled to meet him and did become his wife.

God helped David when they needed food. He also took care of Abigail. Her kindness helped many people.

Let's try to be kind to other this week.

Sing a song to the tune of "BINGO."

There was a time when David's men were getting very hungry.
Rum-ble, rum-ble, Rum-ble, rum-ble, Rum-ble, rum-ble,
Their tummies were hungry.

Abigail heard the news and brought them lots of good food
Yum, yum, yum, yum, Yum, yum, yum, yum, Yum, yum, yum, yum,
It was very good.

We can learn a lesson from this little story,
We can be kind, we can be kind, we can be kind
Be kind to each other.

Hands-On Activities
For
David meets Abigail

Bring clay or play dough and mold the characters in the lesson. Use the clay models to tell the story. (The older boys will love having Nabal fall over when he has a heart attack.)

Bring some of the food that Abigail brought to David. You may want to mix cereal with raisins for a great snack or trail mix for the kids.

Abigail was kind to David and his men. Make a list of ways that each person can be kind to others this week. (Example: help mom clean the dishes, help by taking out the trash etc. listen to my teacher at school, etc.)

This season is a good time to remember to be thankful to God. In our story, David was thankful to God for providing food for his men. He also thanked God for Abigail and her kindness. Ask the kids what they are thankful for. Take time to pray and thank God for each thing that was mentioned.
